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*The Connecticut Counseling Association (CCA) &  
The Connecticut Mental Health Counselors Association (CMHCA) presents:*

## **Fall Professional Development Day 2018**

**FRIDAY, November 9, 2018**

**9:00 am - 4:15 pm**

(Registration Opens 8:15 am)

INN AT MIDDLETOWN, Middletown, CT

6.0 clock hours available

**Details and Registration – Go to [www.CCAcounseling.com](http://www.CCAcounseling.com) or [www.Eventbrite.com](http://www.Eventbrite.com)**

### **Getting a Grip on Gender**

Presentation by Robin P. McHaelen, MSW of True Colors, Inc.

- Differentiate between orientation, sex, gender, gender identity, gender expression
- Identify critical concerns/obstacles unique to transgender, gender fluid and non-binary individuals
- Understand the expectations of CT's non-discrimination statutes
- Identify helping strategies, tools and ideas for ensuring that their work is culturally competent and affirming of people of all genders

### **When Words are Not Enough, Art Therapy: An Overview to the Healing Qualities of Art**

Presentation by Ellie Nicol, ATR-BC

- Learn the definition of art therapy
- Understand an overview of how and where art therapy is practiced
- Identify how art therapy serves a variety of populations, including LGBTQ+, as well as clients impacted by trauma, depression, and anxiety
- Understand how art therapy can be conducted in individual and group settings
- Engage in art making experientials to best understand and apply the didactic material presented

The Connecticut Counseling Association has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 2007. Programs that do not qualify for NBCC credit are clearly identified. The Connecticut Counseling Association is solely responsible for all aspects of the program. \*Clock hours may be awarded if sessions are attended in their entirety, a completed Evaluation Form is submitted prior to leaving the event. For the best registration rate, become a member of CCA. Individuals may apply for membership at: [www.ccacounseling.com](http://www.ccacounseling.com)

